nurse and talk to them about the situation and your concerns.

But all that being said, I might offer these tips: First of all, make sure you have gotten your flu shot. Now, the flu shot won't protect you from a coronavirus, but it is a much bigger threat to you right now than the coronavirus is.

Children, pregnant women, and our senior citizens, who are most susceptible to viruses should avoid public places where exposure risk is high.

Thorough handwashing is a great best practice as we continue to work through the flu and cold season.

And, finally, follow the CDC and State Department's recommendations regarding travel to China.

If you are at all concerned about any symptoms you are experiencing, especially if you are having new onset of wheezing or shortness of breath, you should contact your primary care doctor.

Now, thus far, only 5 cases have been confirmed in the United States, and all cases include recent travel to China. While testing can now only be done at the CDC, we hope that a commercially-available test will soon be available in February, which will help us contain and monitor this virus.

These global outbreaks impact us here at home, and that is why we respond to infectious disease outbreaks with urgency and as a global community. Efforts by President Trump and this administration have ensured our health agencies have the funding and resources necessary to combat outbreaks and protect Kansans.

I am confident in the measures being taken by our national healthcare officials and agencies, as well as by our local health departments, our local doctors, nurses, and our local hospitals.

NEW NAVIGABLE WATERS PROTECTION REGULATIONS

Mr. MARSHALL. Mr. Speaker, last Friday, I was honored to join EPA Region 7 Administrator Jim Gulliford at the Kansas Commodity Classic in Manhattan, Kansas, to announce the EPA's new Navigable Waters Protection Rule. The rule provides a clear definition of Waters of the United States, otherwise known as WOTUS, delivering on President Trump's promise to cut burdensome regulations and slash bureaucratic red tape to empower farmers, ranchers, builders, small businesses, and other landowners.

Kansas farmers and ranchers are the original and best conservationists in the world, and I have heard from them about this issue since I came into office. This new rule will tremendously reduce the burden on Kansans who work in dairy, cattle, and crop operations, and allow them to implement conservation methods without Federal overreach.

The EPA's new Navigable Waters Protection Rule will continue to protect our environment without stifling economic growth and rebalance the relationship between the Federal Government and States in managing our land and water resources.

The Navigable Waters Protection Rule ends decades of uncertainty over where Federal jurisdiction begins and ends. It also ensures that America's water protections, among the best in the world, remain strong, while giving our States and Tribes more flexibility in determining how best to manage their land and water resources to protect the environment and local economies.

Go Chiefs.

HONORING THE LIFE AND SERVICE OF CONSTER DAVIS

The SPEAKER pro tempore. The Chair recognizes the gentleman from Texas (Mr. CLOUD) for 5 minutes.

Mr. CLOUD. Mr. Speaker, I rise today to honor Ms. Conster Davis and to wish her a very happy 100th birthday.

Ms. Davis is a citizen of south Texas whose life has been characterized by a servant-hearted desire to help others and to work hard.

During World War II, she drove rivets into airplane wings, playing her part, along with countless other American women, in the war effort.

Today, at 100 years old, she spends her time supporting the students and staff at Galvan Elementary School in Corpus Christi, Texas, where she is affectionately known as Granny Davis.

She mentors the pre-K students and helps teachers with clerical work. She also served as a Senior Corps Foster Grandparent for 25 years, mentoring young people and pouring into them during some of the most formative years of their lives.

Ms. Davis loves caring for young people and shows it by investing much of her time and energy into the children of Corpus Christi.

It is difficult to imagine the tremendous impact Ms. Conster Davis has had in living a life of service that continues today to impact generation after generation.

On behalf of the people of the 27th Congressional District of Texas, I am proud to honor her life and service.

HONORING THE LIFE AND SERVICE OF JAKE GODBOLD

The SPEAKER pro tempore. The Chair recognizes the gentleman from Florida (Mr. RUTHERFORD) for 5 minutes.

Mr. RUTHERFORD. Mr. Speaker, I rise today to honor the memory of Mayor Jake Godbold, who served the city of Jacksonville from 1978 to 1987 and, sadly, passed away last week.

Mayor Godbold, or simply "Jake," as we all called him, was a man of the highest integrity whose contributions to northeast Florida are seemingly infinite.

One thing I will always remember about Jake was that when he spoke to

you, he made you feel as though you were the only person in the room. I recall fondly my first interaction with the Mayor occurred actually when I was a young patrolman on the north side of Jacksonville. And as an officer, I soon learned every time the Mayor saw a police officer or a firefighter, he would stop whatever he was doing and would take the time to speak with that officer or that firefighter.

Jake loved our policemen, our firemen, and our city, and they all loved him back. He will be dearly missed.

HONORING THE LIFE AND LEGACY OF ROBERT SHIRCLIFF

Mr. RUTHERFORD. Mr. Speaker, I rise today to honor the life and legacy of Mr. Robert Shircliff of Jacksonville.

Bob lived his Christian faith and was well-known for his giving and loving character. His extraordinary contributions and service to our country and local community are truly legendary. Deeply beloved by the people of Jacksonville, Mr. Shircliff passed away last week at the age of 91.

He served on the boards of numerous civic groups, such as the Community Foundation and led countless efforts to support institutions like St. Vincent's HealthCare, the Jacksonville Symphony, United Way, and the Cummer Art Museum, just to name a few.

Despite his success, he remained humble and grateful to those around him. He once said, "I've tried coming into the office on Saturdays and changing the world, and I can't do it. But if I come in on Monday, and I'm surrounded by really good people, anything can happen."

On behalf of the Fourth District of Florida, I want to offer my condolences to the many friends and loved ones of Mr. Shircliff. His service, generosity, and leadership has made northeast Florida a better place to live, work, and play.

And since Bob's arrival, heaven is truly a better place.

SUPPORTING CHILD NUTRITION RULEMAKING

The SPEAKER pro tempore. The Chair recognizes the gentleman from Kentucky (Mr. Comer) for 5 minutes.

Mr. COMER. Mr. Speaker, I rise today to applaud the Trump administration's recent proposed rulemaking for school meals and the Summer Food Service Program.

As a member of the Agriculture Committee, and ranking member on the Education and Labor Subcommittee with jurisdiction over the child nutrition programs, I have consistently heard from school food service administrators in my district about their frustrations with the heavyhanded Obama-era regulations.

I am glad to see the administration is seeking input from those who administer these programs every day. This new rule will provide needed flexibility for food service supervisors to adapt their menus to teach students proper